Sent: Sunday, March 21, 2010 8:09 AM
To: USADA Forms Update; Kelley Lynch
Subject: Lance Armstrong [ME-100321-283139]

On Monday afternoon Lance will travel to Paris. He will be at his Nice home for his window from 8-9am Monday morning.

He will be available from 8-9am Tuesday morning at the hotel below.



He will return to Nice on Tuesday afternoon and be available from 8-9am Wednesday morning.



Thanks,

Sent: Friday, March 26, 2010 1:16 PM

To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong [ME-100326-373647]

Afternoon

Lance is in Corsica for the Criterium International race. He is in the following hotel and will depart after the race on Sunday.



He will return to his temporary residence in France on Sunday evening and be available for testing from 8-9am from Monday until Wednesday.



On Wednesday evening he will depart for the Tour of Flanders and stay at the hotel below. He will be available from 8-9am for testing on Thur, Friday and Sat.





WHEREABOUTS FILING

QUARTERLY UPDATE: Apr 2010 - Jun 2010 - Submitted 3/30/2010 1:46:09 PM

Athlete Informa	ation					
Name:	Lance Edward Armstro	ong				
Gender:	Male					
Date of Birth:						
Sport:	Cycling		Disciplin	e: Road		
Email Address:						
Home Telephone	Number:		Mobile T	elephone Number:		
Physical Address	:		Mailing A	Address:		
Quarterly Sche	edule					
Primary Trainii	ng Location					
Facility Name:	on and around the ro	oads of austin, tx				
Facility Address:						
Primary Training	Location Schedule:					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 AM - 2:00 PM	10:00 AM - 2:00 PM	10:00 AM - 2:00 PM	10:00 AM - 2:00 PM	10:00 AM - 2:00 PM	10:00 AM - 2:00 PM	10:00 AM - 2:00 PM
Secondary Tra	ining/Alternate Loc	cation				
Facility Name:	on and around the ro	oads of Aspen,CO				
Facility Address:						

Athlete:

Lance Edward Armstrong

Secondary Training/Alternate Location Schedule:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 AM - 2:00 PM						

Other Regular Activities

X

I DO NOT HAVE ANY INFORMATION TO ENTER FOR THIS SECTION

Temporary Addresses

Χ

I DO NOT HAVE ANY INFORMATION TO ENTER FOR THIS SECTION

Competition Schedule	<u>2</u>			
Competition	Location	Competition Dates	Travel Days	
Tour of Flanders	Tour of Flanders Belgium Brugge Belgium	4/4/2010 - 4/4/2010	4/1	
Circuit de La Sarthe	Circuit de La Sarthe France Lemans France	4/6/2010 - 4/9/2010	4/5	
Tour of California	Sacramento	5/16/2010 - 5/23/2010	5/14	

Other Locations

X

I DO NOT HAVE ANY INFORMATION TO ENTER FOR THIS SECTION

Notes

Athlete: Lance Edward Armstrong

60-Minute Time-Slot

April 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				08:00 AM to 09:00 AM	08:00 AM to 09:00 AM	08:00 AM to 09 00 AM
				Residence	Residence	Residence
4	5	6	7	8	9	10
08:00 AM to 09:00 AM	08:00 AM to 09 00 AM					
Residence						
11	12	13	14	15	16	17
08:00 AM to 09:00 AM	08:00 AM to 09 00 AM					
Residence						
18	19	20	21	22	23	24
08:00 AM to 09:00 AM	08:00 AM to 09 00 AM					
Residence						
25	26	27	28	29	30	
08:00 AM to 09:00 AM						
Residence	Residence	Residence	Residence	Residence	Residence	

Athlete: Lance Edward Armstrong

60-Minute Time-Slot

May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						08:00 AM to 09 00 AM
						Residence
2	3	4	5	6	7	8
08:00 AM to 09:00 AM	08:00 AM to 09 00 AM					
Residence						
9	10	11	12	13	14	15
08:00 AM to 09:00 AM	08:00 AM to 09 00 AM					
Residence						
16	17	18	19	20	21	22
08:00 AM to 09:00 AM	08:00 AM to 09 00 AM					
Residence						
23	24	25	26	27	28	29
08:00 AM to 09:00 AM	08:00 AM to 09 00 AM					
Residence						
30	31					
08:00 AM to 09:00 AM	08:00 AM to 09:00 AM					
Residence	Residence					

Athlete: Lance Edward Armstrong

60-Minute Time-Slot

June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		08:00 AM to 09:00 AM	08:00 AM to 09 00 AM			
		Residence	Residence	Residence	Residence	Residence
6	7	8	9	10	11	12
08:00 AM to 09:00 AM	08:00 AM to 09 00 AM					
Residence						
13	14	15	16	17	18	19
08:00 AM to 09:00 AM	08:00 AM to 09 00 AM					
Residence						
20	21	22	23	24	25	26
08:00 AM to 09:00 AM	08:00 AM to 09 00 AM					
Residence						
27	28	29	30			
08:00 AM to 09:00 AM						
Residence	Residence	Residence	Residence			

Sent:Monday, April 05, 2010 6:02 AMTo:Kelley Lynch; USADA Forms UpdateSubject:Lance Armstrong [ME-100405-894434]

Hi all

Lance is on way to france for the sarthe race. The hotel info is below for the race. He will be available from 8-9am for the window

Sarthe:

5th April + 8th April



6 + 7th April



Thanks,

Sent:Wednesday, April 07, 2010 7:46 AMTo:Kelley Lynch; USADA Forms UpdateSubject:Lance Armstrong [ME-100407-534587]

Morning. Due to his not starting stage 2 of the sarthe race Lance will stay in the team hotel tonight Wednesday and be available from 7-8 am Thursday morning



He will depart Thursday for the US and be at his primary residence in Austin.

He will be available for his window Fri-7-8am Sat 7-8 Sunday until Friday (4/11-16) from 8-9 am.

Thanks,

Sent:Thursday, April 15, 2010 8:04 AMTo:Kelley Lynch; USADA Forms UpdateSubject:Lance Armstrong [ME-100415-465185]

Lance will be in Austin at his primary residence until Sunday evening. He will be available from 8-9am for testing this week/weekend.

On Sunday afternoon he will depart for his home in Aspen and be available from 8-9am beginning Monday morning.

Thanks

Sent:Saturday, April 17, 2010 5:45 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100417-545417]

Good evening

Lance will be at his primary residence in Austin and available tomorrow Sunday 4/18 from 1-2pm.

He will depart for Aspen sunday evening and be there until Thursday morning 4/22. He will be available from 8-9am at his residence in Aspen.

Thanks,

Sent:Thursday, April 22, 2010 8:07 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100422-185866]

Good evening.

Lance is at his residence in Austin tonight and will return to Aspen tomorrow morning. He will be available friday from 3-4pm for his window.

Thanks,

Sent:Saturday, April 24, 2010 9:25 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100424-866097]

Evening

Lance will be residing in his Aspen address and available from 8-9am on Sunday morning for his window.

Thanks,

Sent: Monday, April 26, 2010 6:14 PM

To: USADA Forms Update; Kelley Lynch

Subject: Lance [ME-100426-436245]

Good evening. Lance will be at his Aspen residence tonight and available from 8-9am tomorrow in Aspen for his 60 min window.

Thanks

Sent:Tuesday, April 27, 2010 10:24 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100427-756330]

Evening

Lance is in Silver City, NM for the tour of the Gila

He will be at the following address this evening and be available tomorrow from 3_4pm for his window

Thanks,

Sent: Friday, April 30, 2010 6:52 AM

To: USADA Forms Update; Kelley Lynch **Subject:** Lance armstrong [ME-100430-036540]

Morning

Lance will be residing at this residence through Sunday afternoon for the Tour of the Gila and be available from 6-7pm for his window on Friday and Saturday evening.

Sent:Sunday, May 02, 2010 2:49 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100502-486710]

Good afternoon

Lance will return to Austin after finishing Tour of Gila. He will be at his residence in Austin tonight and available from 9-10am at the following address:

He will depart late afternoon for his residence iin Aspen and be there Monday night.

Thanks,

Sent:Monday, May 03, 2010 6:55 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100503-186831]

Evening

Lance is in his residence in Aspen and will be available from $8\text{-}9\mathrm{am}$ on Tuesday and Wednesday

Thanks,

Sent:Wednesday, May 05, 2010 9:02 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100505-516967]

Evening

Lance has returned to his primary residence in Austin and will be available from 9-10am on Thursday morning for his 60 window.

Thanks,

Sent:Thursday, May 06, 2010 10:44 AMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100506-857016]

Lance will be at his primary residence in Austin and available from 8-9am tomorrow morning (friday

Thanks,

Sent: Saturday, May 08, 2010 9:44 PM
To: USADA Forms Update; Kelley Lynch
Subject: Lance Armstrong [ME-100508-817220]

Evening

Lance will be at the following residence and availabel from 9-10am on Sun morning.

Thanks,

Sent: Friday, May 07, 2010 9:32 PM

To: USADA Forms Update; Kelley Lynch Subject: Lance Armstrong [ME-100507-067142]

Good evening.

Lance will depart for CA tomorrow afternoon and reside at the following address.

He will be available from 6-7pm on Sat evening.



Thanks,

Sent: Sunday, May 09, 2010 8:36 PM

To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong [ME-100509-747273]

Good evening.

Lance is at the Santa Barbra address below and will available fro 8-9am

Thanks,

Sent:Monday, May 10, 2010 6:52 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100510-697358]

Evening

Lance will be at the following residence to night and available from $8\mbox{-}9\mbox{am}$ to morrow

Thanks,

Sent: Tuesday, May 11, 2010 7:15 PM

To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong [ME-100511-307466]

Hi

Lance will be at the following address and available from 8-9am tomorrow morning.

Regards, mark

Sent:Wednesday, May 12, 2010 5:41 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100512-447542]

Lance will be at the following address this evening and available tomorrow from 8-9am tomorrow

Thanks,

Sent: Thursday, May 13, 2010 8:05 PM

To: USADA Forms Update

Subject: Lance Armstrong [ME-100513-767666]

Evening

Lance will be at the following address this evening and available from 8-9am for his window. He will depart at Noon on Friday for the Tour of California.



Thanks,

Sent:Thursday, May 20, 2010 7:48 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100520-028297]

Lance has returned to his home in Aspen and will be available from 8-9am for his window tomorrow

Thanks,

Sent:Wednesday, May 26, 2010 5:39 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100526-218819]

Lance will be available from 9-10am for his window in France.



Thanks,

Sent: Saturday, May 22, 2010 9:04 AM

To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong [ME-100522-208459]

Good morning.

Lance has returned to his primary residence in Austin TX and will be available from 8-9am on Sunday morning.

Thanks,

Sent: Sunday, May 23, 2010 7:02 PM

To: USADA Forms Update; Kelley Lynch
Subject: Lance Armstrong [ME-100523-978554]

Lance will be in Austin tomorrow at his primary residence and available 3-4pm on Monday.

Thanks,

From: mark higgins [Sent: Monday, May 24, 2010 11:15 PM

To: USADA Forms Update

Cc: Kelley Lynch

Subject: Lance Armstrong [ME-100524-168641]

my work email is down for the moment so i am updating from this account Lance is on his way to France and will be at the following address for training. it is a private residence.



He will be available from 2-3 pm on Tuesday for his window.

Thanks Mark

Sent:Tuesday, May 25, 2010 1:19 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100525-608690]

Hi.

Lance will be available from 7-8pm on Wednesday at the following residence



Thanks,

Sent:Thursday, May 27, 2010 5:25 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100527-308924]

Lance will be at his temporary residence in france and available from 5-6pm for his window on Friday.



Thanks,

Sent: Friday, May 28, 2010 6:13 PM

To: USADA Forms Update; Kelley Lynch

Subject: [ME-100528-719035]

Ηi

Lance will be available from 5-6pm on sat for his window at



Thanks,

Sent: Saturday, May 29, 2010 1:42 PM

To: USADA Forms Update

Subject: Lance Armstrong sunday [ME-100529-779125]

Lance will be available from 10-11am at the following address:



Thanks,

Sent: Sunday, May 30, 2010 10:16 AM

To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong [ME-100530-709185]

Ηi

Lance will be available from 9-10am on Monday at:



Thanks,

Sent: Monday, May 31, 2010 5:47 PM
To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong Monday [ME-100531-679275]

Lance will be available from 9-10am tomorrow at the address below.



He will depart for the tour of luxembourg monday afternoon

Thanks,

Sent: Tuesday, June 01, 2010 5:13 PM
To: USADA Forms Update; Kelley Lynch

Subject: Lance Tour of Luxembourg [ME-100601-489374]

Hi

Lance will be participating in the Tour of Luxembourg which begins on June 2nd.

He will be available from 9-10am on Wednesday morning at the team hotel



Thanks

Sent: Sunday, June 06, 2010 8:23 AM

To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong [ME-100606-529809]

Lance will return back to france after the Tour of Luxembourg and be available from 9-10 am on Monday



Thanks,

Sent: Monday, June 07, 2010 9:20 AM

To: USADA Forms Update

Subject: Re: Lance Armstrong [ME-100606-529809]

Kelley

He will be there until Tour of Suisse.

Thanks,

Mark

----Original Message----

From: Kelley Lynch <klynch@usada.org>

To: Mark Higgins; Kelley Lynch <klynch@usada.org>

Sent: Mon Jun 07 09:37:10 2010

Subject: RE: Lance Armstrong [ME-100606-529809]

Mark,

Thank you for this update. How long will Lance be at this location for? Please provide his upcoming race schedule.

Thank you, Kelley

----Original Message----

From: Mark Higgins [mailto:

Sent: Sunday, June 06, 2010 8:23 AM To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong [ME-100606-529809]

Lance will return back to france after the Tour of Luxembourg and be available from 9-10 am on Monday



Thanks,

CONFIDENTIALITY NOTICE - This e-mail transmission, and any documents, files or previous e-mail messages attached to it, may contain information that is confidential or legally privileged. If you are not the intended recipient, or a person responsible for delivering it to the intended recipient, you are hereby notified that you must not read this transmission and that any disclosure, copying, printing, distribution or use of any of the information contained in or attached to this transmission is STRICTLY PROHIBITED. If you have received this transmission in error, please immediately notify the sender by telephone or return e-mail and delete the original transmission and its attachments without reading or saving in any manner. Thank you.

Sent: Monday, June 07, 2010 1:17 PM

To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong [ME-100607-479903]

Ηi

Lance will be available from 12-1pm tomorrow at



Thanks,

Sent:Tuesday, June 08, 2010 11:59 AMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100608-739998]

Lance will be available from 9-10am on Wednesday



Thanks,

Sent: Wednesday, June 09, 2010 1:31 PM
To: USADA Forms Update; Kelley Lynch

Subject: [ME-100609-590100]

Lance will be available from 12 noon to 1pm on Thursday at

Thanks,

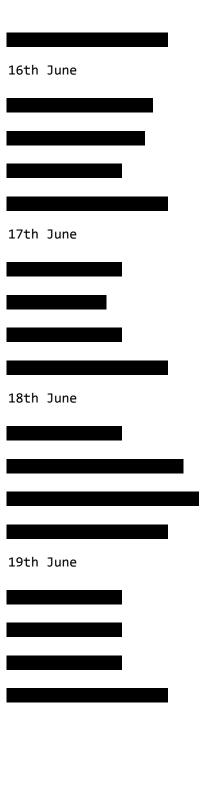
Sent: Thursday, June 10, 2010 1:21 PM
To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong Friday [ME-100610-170209]

Lance will be available from 9-10am at

Thanks,

Fro Sen To: Sub	t:	Mark Higgins Friday, June 11, 2010 7:49 PM USADA Forms Update; Kelley Lynch Lance Armstrong [ME-100611-480361]
Hi	all	
Lan	nce is racing the	Tour of Swiss
Her	re are the team ho	tels.
Th	nanks,	
Mar	·k	_
		_
12+	:h June	
150	.ii Julie	
14t	:h June	•
		I
15t	:h	



Sent:Saturday, June 12, 2010 3:03 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100612-940428]

For Lance at the Swiss race

Guys,

The hotel for tomorrow, 13th June, has changed Please update your whereabouts

It is now:



Thanks,

Sent: Wednesday, June 16, 2010 6:44 AM

To: USADA Forms Update; Kelley Lynch

Subject: RadioShack hotel change [ME-100616-020788]

For Lance Armstrong

The hotel for tonight 16th has also changed - here is the correct info:

Please update your whereabouts

Thanks,

Sent: Sunday, June 20, 2010 11:23 AM

To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong [ME-100620-501199]

Lance has finished the Tour of Swiss and will be at this hotel for Sunday and Monday evening. He will be available from 10-11am on Monday am for his window.



Thanks,

Sent:Monday, June 21, 2010 12:25 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100621-761277]

Ηi

Lance will be departing tomorrow for more Alps recon and will be at the following hotel Tuesday night for his window from 7-8pm tomorrow night.

Thanks,

Sent:Tuesday, June 22, 2010 11:45 AMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100622-601372]

Lance will be doing more recon of the Tour de France and available from 8-9pm on Wednesday night at the following hotel



Thanks,

Sent:Thursday, June 24, 2010 11:57 AMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100624-281601]

Lance will be staying at this hotel tonight and then depart for his location in Nice Friday morning.



He will be available from 5-6pm on Friday at this location



Thanks,

Sent: Friday, June 25, 2010 2:13 PM

To: USADA Forms Update; Kelley Lynch Subject: Lance Armstrong [ME-100625-141693]

Lance will be available from 10-11am at the residence below on Sat morning.



Thanks,

Sent: Sunday, June 27, 2010 5:07 PM

To: USADA Forms Update; Kelley Lynch

Subject: Lance Armstrong [ME-100627-141845]

Ηi

Lance will be available from 7-8pm on Monday night at the address below



Thanks,

Sent:Monday, June 28, 2010 2:35 PMTo:USADA Forms Update; Kelley LynchSubject:Lance Armstrong [ME-100628-151923]

Lance will be available from 7-8pm on Tuesday at the following



Thanks,

Sent: Wednesday, June 30, 2010 8:22 AM

To: USADA Forms Update

Cc: Kelley Lynch

Subject: Lance Armstrong [ME-100630-512072]

Lance and the team have arrived to the Tour de France hotels.

He will be available from 8-9pm tonight.



Thanks,



WHEREABOUTS FILING

QUARTERLY UPDATE: Jul 2010 - Sep 2010 - Submitted 6/15/2010 9:14:04 AM

Atmete inform								
Name:	Lance Edward Armstro	ng						
Gender:	Male			y:				
Date of Birth:								
Sport:	Cycling			e: Road	Road			
Email Address:								
Home Telephone	Number:		Mobile To	elephone Number:				
Physical Address	:		Mailing A	Mailing Address:				
Quarterly Sche	dule							
Primary Trainin	ng Location							
Facility Name:	on and around the ro	ads of austin, tx						
Facility Address:								
Primary Training	Location Schedule:							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
10:00 AM - 2:00 PM	10:00 AM - 2:00 PM	10:00 AM - 2:00 PM	10:00 AM - 2:00 PM	10:00 AM - 2:00 PM	10:00 AM - 2:00 PM	10:00 AM - 2:00 PM		
Secondary Tra	ining/Alternate Loc	ation						
Facility Name:	on and around the ro	ads of Aspen,CO						
Facility Address:								

Athlete:

Lance Edward Armstrong

Secondary Training/Alternate Location Schedule:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 AM - 2:00 PM						

Other Regular Activities

X

I DO NOT HAVE ANY INFORMATION TO ENTER FOR THIS SECTION

Temporary Addresses

Χ

I DO NOT HAVE ANY INFORMATION TO ENTER FOR THIS SECTION

Competition Schedule

Competition Location Competition Dates Travel Days

Tour de France France

Tour de France Paris France 7/3/2010 - 7/25/2010 7/1/10

Other Locations

Х

I DO NOT HAVE ANY INFORMATION TO ENTER FOR THIS SECTION

Notes

Athlete: Lance Edward Armstrong

60-Minute Time-Slot

July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10 00 AM
				Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France
4	5	6	7	8	9	10
09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10 00 AM
Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France
11	12	13	14	15	16	17
09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10 00 AM
Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France
18	19	20	21	22	23	24
09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10 00 AM
Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France	Competition Tour de France France Paris France
25	26	27	28	29	30	31
09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10 00 AM
Competition Tour de France France Paris France	Residence	Residence	Residence	Residence	Residence	Residence

Athlete: Lance Edward Armstrong

60-Minute Time-Slot

August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
09:00 AM to 10:00 AM	09:00 AM to 10 00 AM					
Residence						
1	9	10	11	12	13	14
9:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10 00 AM
Residence						
5	16	17	18	19	20	21
9:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10 00 AM
Residence						
2	23	24	25	26	27	28
9:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10 00 AM
esidence	Residence	Residence	Residence	Residence	Residence	Residence
9	30	31				
9:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM				
Residence	Residence	Residence				
						

Athlete: Lance Edward Armstrong

60-Minute Time-Slot

September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10:00 AM	09:00 AM to 10 00 AM
			Residence	Residence	Residence	Residence
5	6	7	8	9	10	11
09:00 AM to 10:00 AM	09:00 AM to 10 00 AM					
Residence						
12	13	14	15	16	17	18
09:00 AM to 10:00 AM	09:00 AM to 10 00 AM					
Residence						
19	20	21	22	23	24	25
09:00 AM to 10:00 AM	09:00 AM to 10 00 AM					
Residence						
26	27	28	29	30		
09:00 AM to 10:00 AM						
Residence	Residence	Residence	Residence	Residence		
		1	_			