

I'm classified as a Level 2 athlete. What if I get tested?

According to USADA policy, athletes not currently in a registered testing pool are considered Level 2, or Non-National Level Athletes. This group of athletes may include recreational level, Master's level, or even elite level athletes that do not presently meet the criteria for pool inclusion. Level 2 athletes are not required to submit a Therapeutic Use Exemption (TUE) in advance of use in sport for certain prohibited substances. This is limited to the following substances:

1. Substances that are prohibited only in-competition
2. Diuretics and other masking agents
3. Beta-2 agonists
4. Insulin- where the athlete can provide medical files demonstrating insulin-dependent diabetes.

All other prohibited substances require a Therapeutic Use Exemption in order to use the substance in sport without incurring an anti-doping rule violation. This applies to ALL athletes, including LEVEL 2 athletes.

The *FIRST* time a Level 2 athlete tests positive for one of the substances listed in 1-4 above, they will have an opportunity to submit medical documentation to USADA to demonstrate the medical need for such medications. If the medical file substantiates that the athlete used the prohibited substance only for medical needs, and if the medical file puts to rest any suspicion of doping or the intent to dope, then the athlete will not incur an anti-doping rule violation. From that point forward, the level 2 athlete may be asked to apply for Therapeutic Use Exemptions for all substances, including those listed above (1-4) that generally don't require a Therapeutic Use Exemption from Level 2 athletes. The US Anti-Doping Agency will work with the athlete to help them understand the rules and requirements surrounding Therapeutic Use Exemptions in the event that this occurs.

Athletes who have chronic diseases or disorders (which must be treated long-term with one or more of the four prohibited substance classes listed above) and who wish to compete on a National Level are recommended to apply for a Therapeutic Use Exemption in spite of this policy.

For more information, please see [USADA's TUE and Declaration of Use Policy](#).

USADA does not provide medical advice. USADA encourages all athletes to make sound medical decisions with their physicians. USADA only advises on the use of prohibited substances in sport.