



## Athlete Alert on the 2011 Prohibited List

The World Anti-Doping Agency (WADA) has announced the release of the 2011 Prohibited List, which takes effect on January 1, 2011. USADA has tried to simplify the changes, but to view more information on the 2011 Prohibited List and Summary of major modifications from WADA visit [www.wada-ama.org/en](http://www.wada-ama.org/en).

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### 1. The Prohibited List has a new category.

Category S0 includes substances that have no current approval status by any governmental regulatory health authority for human therapeutic use, such as drugs under pre-clinical or clinical development, or drugs that have been discontinued. These substances are prohibited at all times.

### 2. WADA no longer requires Declarations of Use (through ADAMS or USADA's Website).

Athletes no longer need to declare the use of albuterol, salmeterol, glucocorticosteroids, or Platelet Rich Plasma through USADA's website, or on ADAMS. Athletes are still advised to declare all medications, dietary supplements, and blood transfusions on the doping control official record.

### 3. Platelet Rich Plasma (PRP) is not prohibited.

Athletes may undergo treatment with PRP without making a Declaration of Use or submitting a Therapeutic Use Exemption.

### 4. WADA has clarified that threshold substances (albuterol, cathine, ephedrine, methylephedrine, and pseudoephedrine) DO require a Therapeutic Use Exemption (TUE) when they are used at the same time as a diuretic, EVEN IF the athlete has a TUE for the diuretic.

Athletes who have a TUE for a diuretic should take special care to also obtain a TUE if they need to use any of the threshold substances listed above.

### 5. Beta-Blockers are now also Prohibited in Darts, and Skeleton. Beta blockers are no longer prohibited in Gymnastics. For more information on Beta-blockers, see the Prohibited List.

Information about medications can be found on GlobalDRO ([www.GlobalDRO.com](http://www.GlobalDRO.com)), on the USADA website, ([www.USADA.org](http://www.USADA.org)), or by calling the Drug Reference Phone Line on (800) 233-0393.